



## ***MINDER***

Waar je minder van wilt in je leven

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## ***ZELFDE***

Wat je hetzelfde wilt houden

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## ***MEER***

Waar je meer van wilt in je leven

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## ***TOPDOELEN KOMENDE MAAND***

Je belangrijkste prioriteiten voor komende maand.  
Maak ze specifiek!

- 1.**
- 2.**
- 3.**

## ***CONCRETE STAPPEN***

Specifieke acties die je dichterbij je doelen brengen

- 1.**
- 2.**
- 3.**